

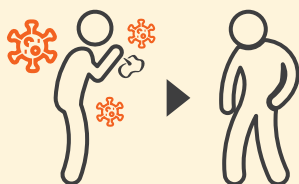
NOVEL CORONAVIRUS (COVID-19)

WHAT YOU NEED TO KNOW

Coronaviruses are a large family of viruses, some cause mild illness in people while others lead to severe or fatal outcome.

TRANSMISSION

Investigations related to transmission methods are ongoing.



Human-to-human:

From a sick person to others who are in close contact.

SYMPTOMS

Symptoms may appear within 14 days of probable exposure. Monitor your health.



FEVER



COUGH



SORE THROAT



SHORTNESS OF BREATH



MUSCLE ACHES



DIARRHEA

Seek immediate medical attention if you think you have been exposed or develop symptoms.



PREVENTION



Maintain good personal hygiene and ensure safe food practices:

- Wash your hands frequently and carry hand sanitizer for use when soap and water are not readily available
- Avoid touching your face
- Ensure food, including eggs, is thoroughly cooked
- Sneeze or cough responsibly into a tissue and dispose it properly



Avoid potential exposure:

- Keep some distance from people who are obviously sick
- Do not travel if you are sick

TREATMENT

There is no specific treatment. Supportive care helps relieve symptoms.



SHOULD YOU WEAR A MASK?



YES. If you have respiratory symptoms - cough, difficulty breathing

YES. If you are providing care to individuals with respiratory symptoms

YES. If you are providing care to individuals with respiratory symptoms

NOT needed for general public who do not have respiratory symptoms

There is
NO VACCINE
against
COVID-19

